



MASTER OF SOCIAL SCIENCES IN ADVERSITY AND TRAUMA PSYCHOLOGY



香港樹仁大學
HONG KONG SHUE YAN UNIVERSITY

THE PROGRAMME

In today's fast-paced and increasingly complex world, adversity and trauma have become pervasive issues affecting individuals and communities globally. From natural disasters and public health crises to social and psychological struggles, the need for skilled professionals in adversity and trauma management has never been more urgent. Hong Kong Shue Yan University is proud to introduce its first-of-its-kind Master's Programme in Adversity and Trauma Psychology, designed to equip students with the knowledge, skills, and empathy needed to respond effectively to these pressing challenges through a stepped care approach.

FEATURES

Interdisciplinary Approach

Integrates psychological theories with neuroscience and social science perspectives to advance a multi-dimensional understanding of trauma and resilience across individual, familial, and societal levels.

Well-rounded Curriculum

Offers modules covering knowledge on adversity and trauma, assessment techniques, and evidence-based management strategies with cross-cultural considerations.

Practical Experience

Emphasizes practical learning through industrial attachment, case studies and seminars in practices.

Expert Faculty

led by renowned scholars and practitioners in the field of trauma psychology who bring real-world experience and insights into classroom.

// ADVERSITY MAY HAPPEN TO YOU,
BUT IT CAN NEVER DEFINE YOU.

4-CLUSTER STRUCTURE

1 TRAUMA THEORIES, ASSESSMENT AND MANAGEMENT

- Lifespan Development, Trauma Exposure and Adjustment
- Trauma-informed Assessment, Prevention and Management
- Seminars in Trauma-informed Practices
- Industrial Attachment

2 KNOWLEDGE ON SPECIFIC ADVERSITY & TRAUMA

- Physical & Mental Health Adversity
- Social Adversity and Adjustment
- Psychology of Child Abuse, Bullying and Protection
- Psychology of Marital and Intimate Partner Violence
- Psychology of Elder Abuse and Care

3 RESEARCH

- Research Methods for Adversity and Trauma Studies
- Research Project I and II

4 ELECTIVES

- Human Behaviour and Mental Processes
- Specific Adversity and Trauma
- Additional Industrial Attachment

*Total 36 credits. Students should complete:
4 courses in both Cluster 1 and 2;
3 courses in Cluster 3; and
1 course in Cluster 4*

ADMISSION REQUIREMENTS

- Obtained a Bachelor's degree in psychology, social sciences, education, nursing, medical science or other related areas;
- IELTS 6.0 or above (Academic) / TOEFL 80 or above (Internet-based), or equivalent English qualification. Exemption may be granted to applicants with degrees awarded by institutions where the medium of instruction and assessment is English;
- Demonstrated Chinese oral and written proficiency and IT literacy;
- Passed the individual admission interview

**please refer to the programme website for more details.*

PROGRAMME MODE

Study Mode
1-Year Full-time
2-Year Part-time

SCHOLARSHIPS

Hong Kong Future Talents Scholarship Scheme for Advanced Studies (FTSS)

The maximum amount of scholarship will be \$100,000 per eligible student for the entire programme, regardless of the actual study period of the programme and mode of study. The scholarship will be disbursed upon the student's successful graduation and attainment of satisfactory academic results. For eligibility and details, please browse the programme website more information.

WHO SHOULD APPLY

This programme is ideal for psychology graduates, mental health professionals, educators and school counsellors, healthcare workers, and all individuals passionate about making a difference in the mental health field. Whether you are completing an undergraduate degree in psychology, social work, or a related field, or if you are a professional seeking to broaden your skills in adversity and trauma management, this programme offers the tools and knowledge required to drive meaningful change in addressing adversity and trauma. We welcome applicants from around the globe who are driven to impact lives positively.

CAREER SCOPE

Community Mental Health

Support communities affected by disasters, violence, or social crises and provide mental health advice and care to individuals and families in need.

Educational Institutions

Support students and staff in crisis management and resilience building at schools and universities.

Corporate Sector

Offering employee assistance programs (EAPs) to help organizations manage workplace stress and trauma.

Non-Governmental Organizations

Working with NGOs to support vulnerable populations, such as homeless people, migrant workers, survivors of abuse, and victims of conflict.

// OUT OF ADVERSITY COMES OPPORTUNITY



HONG KONG SHUE YAN UNIVERSITY DEPARTMENT OF COUNSELLING AND PSYCHOLOGY

#Ranked 171st in 2025 QS Eastern Asia University Ranking

#TOP 2% SCIENTISTS

#No.17th Nationwide in Psychology by Research.com

CONTACT US

APPLY NOW



MORE DETAILS



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